

Environmental Health

Pre-reading

Questions: What is this reading about?

What questions do you have about the subject?



www.seattle.gov image

Definitions: Environment – the place where you are, both inside and outside

Pests – insects and animals that can live in or around one’s environment

Pollution – chemicals, garbage, dirt and dust that can be in the air, water or land

Mold – a type of fungus that can grow on food

Litter – bits of paper, trash or garbage

Reading

17 You are in an environment right now. It is anywhere you are. Your home, place of work,
17 and classroom where you study are all environments. Is your environment healthy?

29 Pollution can be found anywhere. Pollution is bad for your health. Garbage, dust, dirt and
29
44 mold are bad for your health. They can all cause sickness and allergies. They can also attract
44
61 pests.

62 There are two good ways to keep your environment healthy. First, keep it clean. Second,
62
77 don’t pollute. Clean your home every week. Get the whole family involved. Assign each person a
77
93 task. Keep your kitchen and bathrooms clean. Mold and germs can form very easily in those two
93
110 rooms. Keep food off the floor and sweep often. Wash dirty dishes daily.

123 Wear rubber gloves when using cleaning products. Some products contain chemicals. Keep
123
135 cleaning products away from children. Many products are poisonous. Find a high, safe place to
135
150 store cleaning products.

153 Help keep your children’s school or a nearby park clean. Recycle cans, bottles and paper.
153
168 Pick up trash and ask others to do the same. Don’t litter. Make sure to throw your own trash in
168
188 garbage cans. Children are always watching and learning from their parents and other adults. We
188
203 need to **model** good environmental health.

Understanding

1. What would an unhealthy environment look like? _____

2. What would a healthy environment look like? _____

3. Where is mold most likely to grow in a home? How could mold be kept out of a home? _____

4. Where should cleaning products be stored? Why? _____

5. How can parents involve their children in good environment health? _____

6. What does the word **model** mean in this reading? _____

Writing

Option A: Retell the reading in your own words.

Option B: Write about your home, school or work environment. Is it healthy? Why or why not?
