

# Good Study Habits

## Pre-reading

### Questions:

- Does your child have good study habits?
- As a parent, how can you help your child develop good study habits?

### Definitions:

- Adequate – to have enough, to have what is needed
- Accomplishment – to complete something, to do something very well
- Eliminate – to get rid of, to remove



## Reading

Sometimes it seems we all need help getting organized. Getting organized can be very useful in developing good study habits for students. If you want to help your child develop good study habits, start out by helping them get organized. Here are some tips:

- Set aside a time to study. The biggest challenge might be sitting down and starting. If you have a specific time set aside to study, then your child will be more likely to get started.
- Set aside a place to study. Kids study better if they study in the same place every night. It doesn't have to be **exclusively** set aside for studying. For example, it can be the kitchen table where your family also eats their meals.
- Provide adequate supplies. Gather the supplies that your child will need. Nothing wastes time like searching for a pencil or paper.
- Have your child make a list of what needs to be done. It will give them a sense of accomplishment when they cross something off their list.
- Eliminate distractions. Do your best to create a quiet space for your child to study. Turn off the TV, radio or other things that may **distract** your child.
- Help them find their own working style. Some children like to tackle one project at a time. Others like to go back and forth between projects.
- Remember that organized isn't the same as neat. Some children work best on a clean surface. Others need lots of notes and books in front of them.

As a parent, it is important to help your child develop good study habits. These tips can also help adults who want to develop good study habits!

## Understanding

1. If you want to help your child develop good study habits, what should you do? \_\_\_\_\_  
\_\_\_\_\_
2. Can the tips in the story be used to help adult students who want to develop good study habits? \_\_\_\_\_
3. What does the word **distract** mean? \_\_\_\_\_  
\_\_\_\_\_
4. List two things you can do to help your child get organized to study. \_\_\_\_\_  
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\_\_\_\_\_
5. What does the word **exclusively** mean? \_\_\_\_\_  
\_\_\_\_\_
6. What are some things that might distract a child from studying? \_\_\_\_\_  
\_\_\_\_\_
7. Why should you have your child make a list? \_\_\_\_\_  
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## Writing

Option A: As a student, what are some good study habits that you have?

Option B: In your own words, summarize how you can help your child develop good study habits.

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